

13th Conference of the International Academy for the Study of Tourism

TOUR 1 (June 3): Departure: 10:00 o'clock; Duration: 6 hours.

Western Algarve: Lagos and Sagres

First stop in **Silves** to enjoy the panoramic view of the ancient capital of the Algarve.



Visit of **Ponta da Piedade** (beautiful rock formations, panoramic view);



Bay of Lagos (panoramic view) and guided visit of the town (city wall, statue of Henry the Navigator, slave market and center of Lagos). Free time for lunch.



In the afternoon visit of the **Fortress of Henry the Navigator** (15th Century). This fortress is known for the “Sagres Navigation School” and is directly related to Henry the Navigator and the beginning of the European Age of Discoveries, which brought the European culture and domination to large parts of the world. This process started in Sagres and Lagos in the Algarve.



Visit of the **Cape of Saint Vincent** (southwesternmost point of Europe). For many Mediterranean civilizations this was considered “The End of the World”. St. Vincent (3rd C.) was buried here and later the cape became a pilgrimage place and a monastery was built (13th C.). Since the 19th C. the complex is used as a lighthouse (the most powerful in Europe).



TOUR 2: Field Trip (June 4):

Boat trip to the Barrier Islands (Ria Formosa National Park) and Faro's old town

Departure: 14:00 from Olhão. Duration: 4 hours and 30 minutes.

Boat trip in the Ria Formosa Natural Park (wetland area) to the barrier islands with fantastic landscapes and beaches.



Guided visit of Faro's Old Town. The Romans built here a town called Ossonoba (2000 years ago). The Arabs occupied it during 500 years and the Portuguese conquered it in the 13th century. You can see and experience two thousand years of history and culture.



Return to Olhão by bus.

TOUR 3: (June 6): **Eastern Algarve: Tavira and Cacela Velha**

Departure: 14:00; Duration: 4 hours. This tour conducts you through traditional landscapes to the old town of **Tavira**, where you can see a Roman bridge and visit the old town centre with many churches and historic buildings. Free time for shopping and to enjoy.



The tour continues to **Cacela Velha**, a medieval small village with stunning coastal views of Ria Formosa's natural park.



Return to Olhão.

MAPA DO ALGARVE / ALGARVE MAP

